

COVID-19 School and Childcare Guidance for STUDENTS

What to do when your child has a symptom

MARCH 1, 2021



Complete the School and Child Care Screening Tool EVERY DAY

Screen yourself and your household members each morning before going to school or child care using the COVID-19 School and Child Care Screening Tool available here:

<https://covid-19.ontario.ca/school-screening/>

If child is showing symptom(s) that cannot be explained by anything else (hunger, being upset, anxiety, allergies) or you are UNSURE – isolate and have child stay/sent home

COVID-19 Symptoms

- Fever 37.8°C/100°F
- Chills
- Cough
- Shortness of breath
- Loss of taste
- Loss of smell
- Sore throat
- Runny or stuffy nose
- Nasal congestion
- Headache
- Nausea or vomiting
- Diarrhea
- Extreme tiredness
- Muscle aches



ANY
ONE
SYMPTOM



MONITOR

child for first 24 hours
after the start of the symptom



Symptom is
COMPLETELY
GONE
within first 24
hours



Child can RETURN



MORE
THAN ONE
SYMPTOM



BEFORE RETURNING the child MUST...

- TEST NEGATIVE for COVID-19 *or*
 - ISOLATE for 10 DAYS *or*
 - See a Healthcare Provider *and*
 - Feel better *no fever and well enough to participate*
- THERE IS NO 24 HOUR MONITORING PERIOD



Symptom lasts
longer
than first 24
hours



BEFORE RETURNING the child MUST...

- TEST NEGATIVE for COVID-19 *or*
- ISOLATE for 10 DAYS *or*
- See a Healthcare Provider *and*
- Feel better *no fever and well enough to participate*



This guidance may change based on our local situation.
Check back for new guidance often!



Household members of
someone with symptoms

If a *child** in the household has ONLY ONE symptom and is MONITORING the symptom for 24 hours:

- Siblings can go to school or child care if they are well
- Adults can go to work if they are well
- Siblings and adults must self-monitor

**adults do not have a 24 hour monitoring period*

If *any person* in the household has symptoms and is ISOLATING and WAITING FOR TEST RESULTS:

- Young children (up to and including Grade 4) should also isolate while the person with symptoms waits for results
- Older children (Grade 5 and up) and adults can go to work or school if they are well but must self-monitor

If *any person* in the household has symptoms, is ISOLATING and is NOT TESTED*:

- All household members should stay home and isolate** while the symptomatic person is isolating
- If another household member develops symptoms, they should seek testing as soon as possible

**unless they have received an alternate diagnosis from their healthcare provider*

**Testing is the only way you can be sure that symptoms are not caused by COVID-19. If someone with symptoms does not get tested, they are advised to isolate for 10 days after the onset of their symptoms. Their close contacts are then also asked to isolate for 14 days. For more information on testing and isolation, please contact the Grey Bruce Health Unit (519-376-9420 ext. 3000).